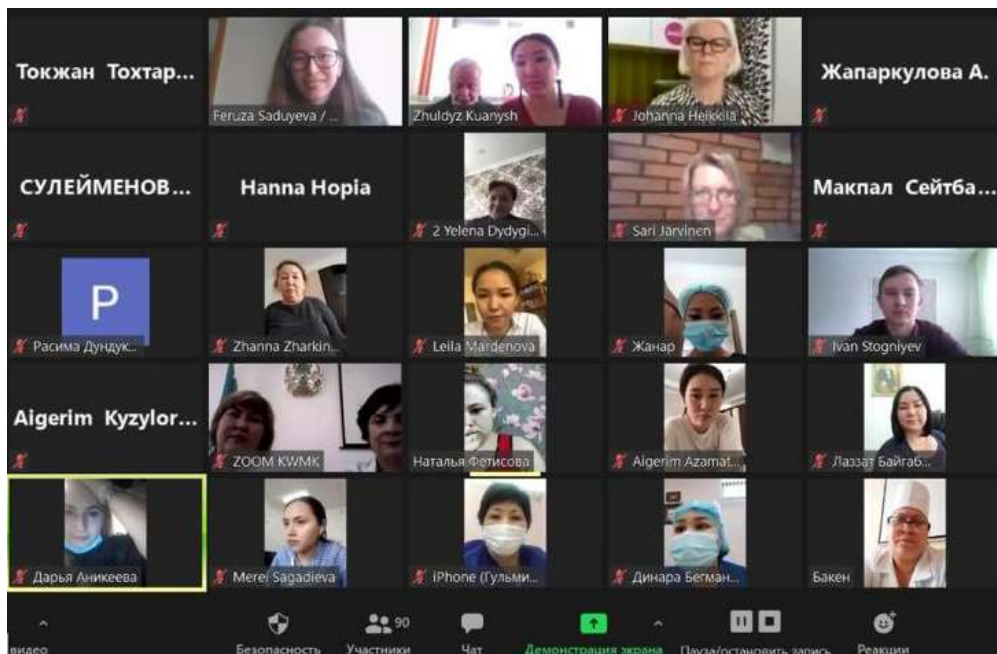




Welcome to the Ninth Issue of ProInCa NEWS

ProInCa NEWS

November 2020



Mini-conference "Promoting Innovation and Research in Nursing" held on November 26, 2020

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Welcome Message

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Welcome to the ninth issue of our newsletter. ProInCa team is excited as we are nearing achieving our project objectives. Time is fast since we started our project in 2017, and many activities have been done as we progress, despite the pandemic we are facing. This newsletter would be our last for this year as we conclude our project since we only have three years. I want to share what has been done over the past months and our upcoming conference on December 10 & 11, 2020. During the first week of November, the ProInCa team participated in a virtual conference showcasing our project. In October, a 1-day symposium was held online on a topic related to evidence-based practice. Additionally, an online seminar was conducted by local and international experts on research priority in Kazakhstan. Furthermore, the achievement of the development of nursing leadership in Kazakhstan is reported here also.

One final note is our upcoming conference, which will be participated by international and local experts. The conference title is "Innovations in Nursing Education, Research, Leadership and Clinical Practice in Kazakhstan," and at this event, the results and impact of the 3-year project will be showcased. One of the invited international experts, Annette Kennedy, President of the International Council of Nurses, will present her key speech on "Leadership and collaboration is necessary to build a strong profession."

Center for Nursing Excellence

On November 9-10, 2020, the 3rd International Interactive Conference "Digital Health 3.0" COVID FREE was held in virtual space. Its partners are leading international companies such as UNICEF, Roche, Nobel.

The conference was attended by Johanna Heikkila (JAMK), Merja Kalima (JAMK), Bea L. Dijkman (Hance University of Applied Sciences), Alma Syzdykova (UMC), Amangali Akanov (Astana Medical University) with a presentation of the ProInCa project and Center for Nursing Excellence.

Johanna Heikkila and Merja Kalima told what is the ProInCa project and how it is related to digital health. Bea L. Dijkman presented the aim and importance of the e-platform for the Center of Nursing Excellence. Amangali Akanov explained the content, functions, available courses, and further development of CNE platform. Alma Syzdykova shared information on sustainability and organizational structure of the CNE.

Evidence- Based Nursing

On October 23, 2020 was held the 1 day symposium "Moving forward to efficiency and quality by evidence-based nursing". The main aim of the symposium is to create space for presentation of advances and best practices in the field of evidence-based nursing. The symposium became a space for creating collaborative links between academics and nursing professional practitioners, aiming at long-term sharing of knowledge and discussions in development of evidence based-nursing practice in Kazakhstan.

As the result of the symposium composed resolution, what including proposals to support evidence-based nursing development in Kazakhstan.

Upcoming Events

What: International Nursing Conference on "Innovations in Nursing Education, Research, Leadership and Clinical Practice in Kazakhstan"

When: December 10 & 11, 2020

Where: Zoom

Nursing Research

On October 26, an online seminar "Nursing Research topics in Kazakhstan: Welcome to discuss!" was hosted by the Karaganda Medical University and the JAMK University of Applied Sciences. The purpose of the event was to initiate discussion and promote research on nursing in medical universities in collaboration with healthcare practice.

Experts from the JAMK - Hanna Hopia, PhD, Docent, Principal lecturer and Sari Järvinen, PhD, Specialist, presented their lectures on the topics «International research topics on Stroke rehabilitation in nursing», «Diabetes mellitus type 2 self-management patient education in nursing and nurses' role from International perspective».

After the lecture, participants were given the opportunity to describe and exchange ideas on current and future nursing research topics. The participants considered and suggested the following research topics as current in Kazakhstan: "*Clinical nursing guidelines and documentation*", "*Nurses role and decision-making*", "*The essence of nursing care in different fields*", "*Patient education in non-communicable diseases*", "*Nursing management and leadership*" and "*Nursing education*".

The online seminar was attended by teachers at medical universities and higher medical colleges, as well as undergraduates and PhD students, and, importantly, nurses of practical health care. A total of 120 people took part in the online seminar.

Nursing Leadership ¹

Time to sum up the results of project. We have trained 70 nurses and educators, produced variety of teaching and learning materials for the leadership education which can be found from CNE Moodle site. We have made the study of the leadership competences, based on that the recommendations for the universities has been written to support the structural changes and competence development of chief and senior nurses. Also, the recommendations for structural changes on management system has been presented. Several leadership blogs have been published (<https://nursekz.com/blog-for-nursing-leadership/>). And the wish is to have the nursing leadership association to be registered still before the project ends.

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