



Welcome to the Eight Issue of ProInCa NEWS



ProInCa NEWS

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Evidence-Based Nursing

An online activity within our work package had organized in April 2020, a 3-day master class on "efficiency and quality through the evidence-based nursing." More than 150 nursing professionals from different regions of Kazakhstan attended the event and learned about EBN principles, and from European and Kazakh partners on best practices in nursing.

The photo is taken during virtual masterclass in April 2020

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Welcome to the eight issues of our newsletter with the ProInCa project, it hopes that you will find great value in its content and keep you updated of our latest news, blogs and nursing webinar series. This newsletter details important highlights in Center for Nursing Excellence (CNE) which described the "Progress of the CNE consortium" together of our Kazakhstani and European partners.

Also, 2020 is upon us and with it comes the promise of great growth of utilizing webinar series/ remote or virtual events in the project for implementing EBN, nursing leadership activities and nursing research webinars. I believe that by participating in this webinar series, remote or virtual events, will reach the wider target audience in transforming the nursing profession.



Center for Nursing Excellence

In June 30, 2020, a Skype meeting with Kazakhstani partner universities was held to discuss "Progress of the CNE consortium". Representatives of Kazakh National Medical University also attended the meeting. During the meeting, CNE consortium agreement was discussed and Work Package leaders reported that their administration is considering options for allocating a full-time position for Regional CNE offices. One of the important things is that the establishment of Consortium and an action plan for the implementation of the State Program of Healthcare Development for 2020-2025.

According to section 3, "Development of Nursing," subparagraph 3.1.8, "Development of the Center of Nursing Excellence with an information portal (www.nursekz.com)" – Kazakhstani medical universities, National nursing association (Paryz), Association of Higher Medical Colleges, Republican Center for Health Development are responsible for the sustainability plan of the CNE and Consortium. The draft of the CNE sustainability plan is ready and will be approved for the upcoming months. The Webropol questionnaire for the external assessment of the CNE website

Upcoming Event

ProInCa 1-day symposium on "Movig forward by efficiency and quality by evidence-based nursing"

Venue: Zoom

Date: September 2020 (stay tuned for the exact date)

(www.nursekz.com) were already distributed among students, nurses, nursing teachers and associate partners. The results will be ready in August. The tender process of Web design and server hosting started by AMU team in July.

Evidence- Based Nursing

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Even though it is our first experience in remote or virtual events in the project, we received numerous positive feedback from participants about the master class. *"These three days were full of learning activities on EBN, interesting discussions on modern practices, and a positive atmosphere. Now I wish to have such an online activity more often!"* -says the nurse from Semey University Hospital, Bikbova Tatyana, who participated in the event.

If you would like to attend more evidence-based events without stepping out of your home and while keeping everyone safe

during this pandemic, do not miss our 1-day symposium as part of the annual nursing conference held in September!

Nursing Research

During the Spring, a nursing research webinar series was implemented to support collaborative nursing research with lecturers from JAMK University of Applied Sciences: Hanna Hopia, PhD, and Sari Järvinen, PhD. The participants, in total were 94, including researchers, teachers of nursing, and students from master's level. Furthermore, Kazakhstani Medical universities are receiving coaching on their own joint nursing research project that concern current clinical phenomena of nursing, i.e., stroke rehabilitation, cardiovascular nursing, palliative nursing, nurses' diabetes type 2 knowledge, and nurse's role in anticoagulant treatment to name a few.

In Autumn these research projects will be developed further, and international collaboration for example in the form of comparative studies will be considered. In addition, webinars supported by the European partners will be hosted to enhance joint discussion, on nursing research among the Medical universities in Kazakhstan. The aim is to launch five joint international nursing research projects.

Nursing Leadership

Several leadership blogs have been published in CNE site (<https://nursekz.com/blog-for-nursing-leadership/>). We hope that the readers have noticed the blog and take a chance to write their own blog text as well, instructions can be found from the blog site.

The leadership blog and the other social media (Facebook, Twitter, Instagram) are effective ways to support chief and senior nurses and the positive changes in leadership practice. We are also still working on to establish a national association for nurse leaders so that they can get their voices better heard and to provide association members some benefits in the future.

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Helpful resources about COVID-19

Kazakhstan

1. COVID-19 Committee for Quality Control and Safety of Goods and Services

Nursing Resources

1. COVID-19 Nursing resources (American Association of Critical-Care Nurses) <https://www.aacn.org/newsroom/procedure-manual-covid-19-resources>
2. COVID-19 Nursing clinical education resources (American Association of Critical-Care Nurses) <https://www.aacn.org/blog/covid-19-top-5-aacn-clinical->

Special Feature: Kazakhs Nurses on fight against COVID-19



Nurses from University Medical Center, Nur-Sultan, on complete personal protective equipment.

From left to right: Kapiza Kossybayeva, Lyazzat Akhanova, Aliya Bulkhairova



From left to right: Lyazzat Akhanova, Kapiza Kossybayeva, Bibigul Niyazova, Aliya Bulkhairova