



ProInCa News

Promoting the Innovation Capacity of Higher Education in Nursing During Health Services Transition

Welcome to the Sixth Issue of ProInCa News!

Welcome

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Welcome to the 6th issue of ProInCa Newsletter. ProInCa has been very busy and active this year. There were a series of masterclasses conducted within the region training nurses for research, evidence-based nursing, leadership and management, and continued development of the Center for Nursing Excellence. Also, the ProInCa held a mid-conference in the same year. There was also Erasmus+ monitoring, and Fair event conducted. As 2019 come to a conclusion, ProInCa within this year proved to be leading the country of promoting innovation capacity among nursing professionals in Kazakhstan.

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Erasmus+ Monitoring & Fair 2019

A follow-up monitoring of the ProInCa project was held on October 1, 2019, at Astana Medical University, where the first was in May 2018 at Nazarbayev University. The monitoring is crucial to help us reflect on our achievements and other areas from the project needing actions and improvements. The follow-up monitoring was lead by Shaizada Tasbulatova, Director of National Erasmus+ Office in Kazakhstan. Also, the rector of Astana Medical University was present, and other project partners and associated partners were in attendance. The monitoring was a success with recommendations provided by the Shaizada Tasbulatova and her team.

On October 30, 2019, the ProInCa project consortium participated in the Erasmus+ Fair organized by National Erasmus+ Office in Kazakhstan. All Erasmus+ funded projects, especially within Kazakhstan, were invited to showcase their project results and progress in the said event.



Merja Kalima (JAMK Finland) and Alma Syzdykova (NUSOM Kazakhstan) with the ProInCa poster in a Fair organized by Erasmus+ office in Kazakhstan

Center for Nursing Excellence

From the 28th of October till the 1st of November, the second masterclass was held at Astana Medical University. During this masterclass, the participants worked on the further development of the e-platform and the organizational structure of the CNE. The e-platform at www.nursekz.com will contain a lot of information and courses for nurses, nursing students, and nursing teachers. The website (www.nursekz.com) contains information about Nursing in Kazakhstan, including an overview of laws and regulations; Evidence-Based Nursing; Nursing Clinical Guidelines; Nursing Research and Nursing Leadership. Also, some general Nursing Information and a calendar with nursing conferences and activities can be found here. More content will be added, and all information will be available in Russian, Kazakh, and English. A web designer will make the website more attractive.

The courses at the e-platform are in a Moodle environment. The courses that are available now at the CNE are for nursing teachers. These courses are piloted, and the evaluation results will be used to improve the course content and course didactics. Other courses will be added in the future.



ProInCa team gathered together during the Erasmus+ monitoring in October 1, 2019 at Astana Medical University

The CNE will be organized as a network organization, and universities, colleges, clinics, and other organizations will contribute to the CNE and collaborate to build the e-platform and bring the information to nursing practice. The CNE is preparing five regional working groups. These working groups will play a key role in delivering information to practice and connect local nurses, nursing students, nursing teachers, and nursing researchers to the CNE.

Evidence-Based Nursing

National educational materials on EBN were developed. Materials were adapted to Kazakhstan national context based on the pilot feedback. Educational materials on EBN - fundamentals of Evidence-based nursing: e.g., Introduction to the concept of evidence: terms and definitions of evidence-based in

nursing, finding the evidence; appraising the evidence: quantitative evidence, qualitative evidence, mixed methods; using evidence in practice; good examples of evidence based practice implementation – are now being adapted to Kazakhstan's needs and structural conditions. The final educational material will educate and empower Kazakhstan experts on EBN.

Inline to empower, WP 2.2 also has the next step - the adaptation of international best practices to local Kazakhstan conditions. Preparation for a 3-day workshop in Nur-Sultan has begun. Good examples of evidence-based practice implementation – how universities and health facilities co-work in improvement of the implementation of EBN – will be presented and disseminated on a 3-day workshop

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dedicated to management in health care facilities, researches in nursing, national bodies within nursing, teachers of evidence-based medicine, higher education institutions within health care area representatives.

Nursing Research

The national teaching materials for teachers of medical universities and higher medical colleges on qualitative nursing research and nursing research and development project methodology have been finalized and tested. The new materials are placed in the Center for Nursing Excellence Moodle environment. They contain lectures, assignments, and readings for both Bachelor and Master level studies. If you want to have access to the materials and use them in your teaching, please contact project director johanna.heikkila@jamk.fi

To date, joined multidisciplinary research activities on current and societal nursing topics, are planned at each of the Kazakh Medical universities, together with health facilities and EU-partners. Please contact Vilen Molotov-Luchanskiy at molotov-luchanskiy@kgmu.kz if you have a suggestion for a topic or if you are interested in joining the activities as an expert or a researcher.

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Nursing Leadership

Nursing leadership learning materials are now ready for nursing educators to use in the Center for Nursing Excellence platform in the Moodle course site. The learning materials are divided into four topics: setting direction, managing services, and driving results, professionalism and ethics, and leading people and teams. The nursing leadership materials consist of powerpoint presentations, exercises, leadership tools, and reading materials to support nursing leadership training and development. Learning materials include, for example, practical tasks, which can be benefited in organizations. They challenge you to define the nursing vision, and strategic priorities, how to analyze organization environment changes from a nursing perspective and



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what are the current nursing-sensitive indicators used in healthcare. The tasks give solutions when being in difficult communication situations, and they encourage you to reflect on your leadership skills and to identify leadership styles. Nursing leaders need new competencies when developing nursing practice in healthcare organizations. This is a challenge for education to train competent nursing leaders so that they have the latest evidence-based leadership knowledge to apply in their work. The produced learning materials are helping educational institutions in their task to train influential nursing leaders.

UP COMING EVENT

Name of event: ProInCa three-day workshop on “Adaptation of recognized best practices – good examples of EBP implementation”

Date: April 21 - 23, 2020

Venue: Nazarbayev University, School of Medicine, Nur-Sultan, Kazakhstan

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